## **COVID-19 Questions**

## Here are a few question ideas:

- What has been the hardest challenge for you and/or your family during the COVID-19 pandemic?
- What has been rewarding about staying at home? What are the peaks and valleys of the day?
- Have you or a family member been personally infected by the COVID-19 virus? If so, tell us what that was like? Have you been tested?
- Has the "Stay at Home" order affected you financially? How are you coping?
- What is home-schooling like for your child? For you?
- How do you think life will change in our community?
- What are you most afraid of? Encouraged by?
- How are you connecting with your community as we continue to be physically separated?
- What are you most looking forward to after social isolation policies are rolled back?
- How do you communicate and connect with your family, friends, colleagues or strangers?
  (e.g., screenshots of family group text chains, Zoom calls, signs, sidewalk chalk around neighbourhood, Christmas lights on windows)
- What places have more importance to you now? (e.g., your home office set-up, your favourite room, the local grocery store, your daily walk route)
- What is something that has brought you joy unexpectedly? (e.g., cooking at home, creative projects, home gyms, family game night)
- What is something that you've lost? (e.g., going out to eat with friends, the illness or death of loved ones, sense of safety/security)
- How have you protected your health or the health of others? (e.g., wearing masks, making hand sanitizer, talking with loved ones for support, cleaning your home)
- How have you reacted to public health directives? (e.g., bought too much toilet paper, started wearing a mask, sheltered in place before it was required)
- How has the COVID-19 quarantine impacted your life?
- What have you missed the most while being guarantined during the COVID-19 pandemic?
- Were there any benefits to being quarantined during the COVID-19 pandemic? What were they?
- What, if anything, will you do differently after the COVID-19 quarantine is over?